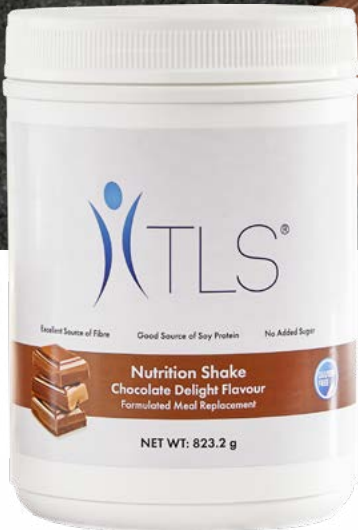




**TLS NUTRITION SHAKES**



**TLS® NUTRITION SHAKE CHOCOLATE DELIGHT**  
76391 | Canister (14 servings)



**TLS NUTRITION SHAKE CREAMY VANILLA**  
76390 | Canister (14 servings)

**KEY BENEFITS:**

- Includes 24 vitamins, minerals and essential nutrients, including eight B vitamins and also antioxidant vitamins C and E for protection from free radical damage.
- Excellent source of fibre (contains 10-11 grams of dietary fibre).
- Feel full and stay satisfied: Packed with 18 grams of high-quality soy protein to handle your hunger.
- When used in conjunction with regular exercise, may contribute to weight loss or weight management.



**WHAT MAKES THIS PRODUCT UNIQUE?**

TLS® Nutrition Shakes provide a great healthy nutritional alternative for active lifestyles. They are great-tasting, formulated meal-replacement shakes available in two delicious flavours, Chocolate Delight and Creamy Vanilla. TLS Nutrition Shakes are specifically formulated to deliver an optimal balance of 18 grams of high-quality soy protein to handle your hunger, allowing you to feel full and stay satisfied. Protein is also necessary for tissue building and repair and contributes to the maintenance of muscle mass. Our TLS Shakes are balanced and also deliver 10-11 grams of dietary fibre and 24 different vitamins and minerals — all with only six grams of fat per serving!

Easy to prepare, our shakes are a convenient healthy meal replacement alternative to a high-kilojoule breakfast, lunch or dinner. You can also mix them with fruit and milk to provide the health and nutrition you need to keep going, and to stay away from fast food alternatives.

